

Saturday	First Mass of Sunday	
2nd	6.00pm	Emily Murphy RIP
Sunday	Eighth Sunday in Ordinary Time (C)	
3rd	8.00am	Parish Family
	9.00am	Peter & Jenova Angelese Anniv. (Family)
	11.00am	Justin Suresh Anniv. (Family)
	2.15pm	Syro Malabar Catechesis & Mass
Monday		
4th	8.45am	Morning Prayer
	9.00am	Leela Antony Anniv.
	9.40am	Rosary and Exposition of the Blessed Sacrament
Tuesday		
5th	8.45am	Morning Prayer
	9.00am	Barbara Crew & Family (Veronica Grant)
	9.40am	Rosary and Exposition of the Blessed Sacrament
Wednesday	ASH WEDNESDAY	
6th	Ashes will be blessed and distributed at all Masses	
	8.45am	Morning Prayer
	9.00am	Marie Riddock RIP (Young Family)
	12.30pm	Golden Family (Teresa McHale)said in Hospital
	2.00pm	Peggy Coleman (Teresa Higgins)said in St.John's Sch
NB	7.00pm	Kim Van Der Straaten RIP (Irene)
Thursday	Thursday after Ash Wednesday	
7th	8.45am	Morning Prayer
	9.00am	Terence Baptiste RIP (Audrey)
	9.40am	Rosary and Exposition of the Blessed Sacrament
Friday	Friday after Ash Wednesday	
8th	8.45am	Morning Prayer
	9.00am	Mary King (Veronica Grant)
	9.40am	Rosary and Exposition of the Blessed Sacrament
	6.30pm	Stations of the Cross
NB	7.00pm	Emily Lucasan RIP (Shella)
Saturday		
9th	11.00am	Sacrament of Reconciliation during which We will have Exposition of the Blessed Sacrament
	11.45am	Mid-Day Prayer, Benediction and Angelus
	12.00noon	Phil Lock RIP (Eileen Jepson)
	12.40pm	Novena to Our Lady of Perpetual Succour
Saturday	First Mass of Sunday	
9th	6.00pm	Emily Murphy RIP
Sunday	First Sunday of Lent (C)	
10th	8.00am	Parish Family
	9.00am	Emily; Allise Servier Varghese Anniv. (Family)
	11.00am	Gerard Reilly Anniv. (Family)
	4.00pm	Malayalam Mass

PARISH OF ST. MICHAEL		
PARISH PRIESTS	Fr. Bob Hamill, Fr. Francis Ward	
Charity No. 234092	21 Tilbury Road	
Issue 491	East Ham	
2nd / 3rd March 2019	London E6 6ED	
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EIGHTH SUNDAY IN ORDINARY TIME (C)

Dear Parishioners,

We have said goodbye to Sr. Ijeoma who has been with us for about 7 months. Sister was a great worker here, in St Michael's, always arriving at around 7.45am to prepare the Church for Holy Mass. She also ran the RCIA program and the Baptism Course plus taking Holy Communion to the Sick and Housebound. Each Tuesday morning she would come into our Sitting Room to Iron all the Purificators and the rest of the Altar Cloths. It was really great having her, but she has had to go back to her Convent in Stoke - on - Trent. We did give her two nice send offs on Monday evening and Wednesday morning. Sister left a letter of appreciation for you all.

"Dear Parishioners, I just want to express my heartfelt gratitude to the Almighty God for the gracious opportunity He gave me to serve and experience another life in this Parish of St. Michaels Catholic church, East Ham. God bless Fr. Bob and Fr. Francis for their simplicity, eucumenical spirit and well inspiring spiritual food. Christopher, Maria, Cristy and Maureen for their supportive care in the pairsh work; to mention but a few. For the Parishioners I say God Bless you all for your co-operation and assistance during my short stay in the Parish. It was a short period but a mighty one. I promise you my prayers and wish you pray for me as well." Kind regards; **Sr. Ijeoma Ohayagha.**

ASH WEDNESDAY: Is this coming Wednesday 6th March. It is a day of fasting and Abstinece. We are all expected to Fast from a meal and Abstain from eatring meat. The Masses on Wednesday are at 9.00am and 7.00pm in the Church and at both Masses Ashes will be Blessed and disributed. We do hope all will attend Mass on that day. It is also the first day of Lent. Lent is a time for all of us to prepare ourselves for the great Feast of the Resurrection of the Lord. We are asked to try and attend Mass during the week. We will have Stations of the Cross each Friday evening at 6.30pm followed by Holy Mass at 7.00pm. We should all try and do extra devotions during the season of Lent. Reading the Scriptures saying the Rosary each day. We should also try to Fast each day and think of other people all over the world and see what we can do to support them. Children might try and give up sweets and save the money to give to the poorer children in other parts of the world. Most of us can give a little more time to the Lord and spend time in prayer for our own families and for those who have no one to pray for them. Lets make the season of Lent very special in our lives.

GOD BLESS,

Please pray for Patrick Cahill (The Father of St. Michael's School Business Manager) who has died and please remember all his Family and Friends.

ACTIVITIES THIS WEEK

- 3rd Sunday** Olive wood sales from Bethlehem at all Masses this weekend.
Communion to the Housebound - 1.30pm
- 4th Monday** Baptism Course begins in Parish Room – 6.30pm
Meeting with Catenians, Upminster – 7.00pm
R.C.I.A continues in the Parish Room – 7.30pm
- 5th Tuesday** Funeral of Mariana Bergue, East London Crematorium – 11.00am
Parents of 1st Communion Children meet, in Church – 7.30pm
- 6th Wednesday** **ASH WEDNESDAY- A day of Fasting and Abstinence**
Ashes will be Blessed and Distributed at both Masses
Ash Wednesday Service , St. Michael's School – 10.30am
Mass in Newham Hospital – 12.30pm
Mass in St. John's School – 2.00pm
Mass in Church – 7.00pm
- 7th Thursday**
- 8th Friday** Funeral of Patrick Cahill, St. Joseph's Leyton -11.00am
Stations of the Cross – 6.30pm followed by Mass – 7.00pm
- 9th Saturday** Children of 1st Communion meet – 9.15am
Baptisms – 1.00pm
- 10th Sunday** Communion to the Housebound -1.30pm

COMING EVENTS

- Years 1, 2 & 3 Liturgy St. Michael's School, Tuesday 12th March
Deanery Priests meeting with Head Teachers, Wednesday 13th March
Confirmation course continues, Thursday 14th March
CAFOD Family Fast Day, Friday 15th March
C.F. Disco, Friday 15th March
C.F Executive meet, Monday 18th March
Parents 1st Communion meet, Wednesday 20th March

300 CLUB: We are coming to the end of another financial year and also we will be having the March Draw with the big prizes. 1st. Prize £300.00; 2nd £100.00; 3rd £50.00; 4th £25.00 5th £10.00. You must be fully paid up with your dues for the past 6 months to qualify entry for the draw.

WALSINGHAM HOUSE AT ABBOTSWICK – ASSISTANT MANAGER. Start Mid-August 2019. This exciting role - leading faith-filled and engaging retreats for thousands of young people every year - would be ideal for someone with Youth Ministry or Lay Chaplaincy experience. Living at Walsingham House, you would be part of a vibrant staff and volunteer community, with the chance to develop the retreat programme and facilities in our new home. Full details [https://bcys.net/assistant-](https://bcys.net/assistant-manager/)

[manager/](#) For more details please contact: <http://tiny.cc/catholicteaching> or email agnusdei@stbons.org

WALK WITH ME LENTEN BOOKS gives a daily meditation throughout the season of Lent and they cost £1.00 each. Please place the money in the money box in the wall marked with Catholic papers.

LOURDES PILGRIMAGE: We travel Monday 29th April and return Friday 3rd May. Cost £475.00 per person shared room, plus £30.00 Insurance. If you wish for a single room, it will be an extra £112.00. Times of Flights: from Stansted 13.10 to arrive in Lourdes at 16.10 return flight from Lourdes 15.20 arrive Stansted 16.10. A coach will take us from East Ham to Stansted at 11.00am and also return from Stansted back to East Ham. If you are interested please see Fr. Bob, who will be leading the Pilgrimage, for more information

VOCATIONS DISCERNMENT WEEKEND FOR MEN OVER 30: This will be held at St. Beuno's North Wales from Friday 30th August – Sunday 1st September. If you are interested please see Fr. Bob for more information

IS GOD CALLING YOU TO BE A PRIEST? There is a monthly vocations group for those who would like to find out more about a possible vocation to the priesthood. There will be a talk, time of prayer and some food. The sessions take place at St Edmund of Canterbury church, 9 Traps Hill, Loughton, IG10 1SZ. Tuesdays: 5/3; 2/4; 7/5; 4/6; 2/7

Please contact Fr Mark Swires, Vocations Promoter for more information: vocprom@dioceseofbrentwood.org Please see poster on Notice board.

A DATE FOR YOUR DIARY: The Diocesan Catholic Charismatic Renewal Service Team are organizing A Day of Renewal themed 'The Love of Jesus' which will be held on Saturday 18th May 2019 at Blessed Sacrament Parish, 116 Melbourne Avenue, Chelmsford from 10am until 4pm. Our speaker will be Charles Whitehead and the day will finish with Mass at 3pm. Coffee and tea will be provided but please bring a packed lunch.

BUILDING DEVELOPMENT OFFICER: This is a full time post-35 Hours a week- 52 weeks a year. Annual leave 20 days plus Bank Holidays. Pay Range £39,000 - £45,000 We have a vacancy in the Education Department for a Buildings Development Officer. A job description and further details will be available shortly of the Diocesan Website or can be requested by calling 01277 265284.

Applicants are asked to provide CV and a covering letter, highlighting how their skills and experience match the job description and person specification, to sophierussell@dioceseofbrentwood.org by **Thursday 21st March 2019, with interviews and tasks to take place on or around 2nd April 2019**